

# **CURRICULUM VITAE**

## **RENATE KRAUS, MBA MSC**

Consultant, Trainer, Coach, Mediator i.T.

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#### **FOCUS**

- Trainings on personal change, stress and true innovation in business based on neuroscientific research.
- Trainings on negotiation, conflict management, leadership, cooperation
- Leadership development with a focus on positive leadership and team development
- Accompaniment of personnel and organisational development projects
- Coaching
- Training and coaching for self-regulation of stress and strengthening resilience
- Workshop facilitation

#### **VITA**

As a very empathetic person, it is my greatest joy to accompany people - at the beginning of my professional career as a qualified health and nursing professional, then quite soon as a manager and now as a consultant, trainer, coach and mentor. My almost 30 years of management experience with an average of about 600 employees - the last few years at C-level - means that I know all the ups and downs of everyday management - but also how to cope with them.

My challenges during my professional career and my ambition to develop further led me to study, in addition to several university courses in management and business administration, above all, the systemic, process-related and social components, such as organisational and personnel development, leadership, coaching, training, management consultancy, mediation and much more. In parallel, I am fascinated by consciousness research in neuroscience, which I have been working on intensively for almost 20 years.



#### WORK EXPERIENCE

- Management Haus der Barmherzigkeit NÖ Pflegeheime GmbH
- Home management
- SVA, Competence Centre for Quality Assurance in Home Care
- Nursing management
- Deputy Director of Nursing
- Graduate nurse

## **EDUCATION AND TRAINING**

- Propaedeutic in training
- Training in Certified Profiling in training
- University Course Mediation and Conflict Counselling
- Business management of health care companies
- University course Training, Coaching, Management Consulting
- University course in coaching, organisational development and human resources development
- University Course MBA Leadership and Social Management
- University Course MSc Nursing Management
- Berufsreifeprüfung
- Diploma in Health Care and Nursing

### WORKING LANGUAGES

- German
- English

## **RENATE KRAUS SAYS**

"I am constantly involved with opportunities and tools for the further development of (self-) leadership skills, psychology, consciousness and behavioural research. In my private life I play the trombone in my traditional music club - and as soon as I find time I prefer to be somewhere in the quiet nature. "