







# LEADERSHIP AWARENESS TRAINING

Are you looking for an opportunity to reflect on your own attitude and approach to the topic of leadership and to develop maxims for action to sustainably secure and increase the performance of your employees?



## FACTS

-  **LANGUAGE**  
German  
English
-  **COURSE TYPE**  
Presence Training
-  **REQUIREMENTS**  
None
-  **BOOKABLE**  
Inhouse
-  **CONTACT**  
+43 1 533 44 77  
[office@coverdale.at](mailto:office@coverdale.at)  
[www.coverdale.at](http://www.coverdale.at)
-  **FACTSHEET ONLINE**



## TRAINING DESCRIPTION

In this training you get the opportunity to work on a reflection of your leadership principles with horses as neutral mirrors in an atmosphere conducive to learning at a stud farm in Graz. Horses do not lie they are not blinded by appearances and give completely unvarnished feedback on whether they accept your leadership or not.

You will work on principles in this training: Attention, respect, trust and performance in ground work with horses. In a second step, you will reflect on your experiences and develop concrete measures for your everyday work based on specific transfer questions.

## SAMPLE



## CONTENTS AT A GLANCE

### REFLECTION ON ONE'S OWN LEADERSHIP ATTITUDE

- Using the work with horses, you will reflect and analyse your attitude in leadership. You work on the topics:
  - Attention
  - Trust
  - Respect
  - Power
- You will learn how to gain respect, how to assert yourself and how to succeed in respecting others.
- They work to consciously overcome barriers and fears and build trust.

### TRANSFER

After the exercise with the horse, you spend 2/3 of the time in the training room working on the transfer of what you have experienced into practice - on the further development of your leadership skills.