

The image features a large, semi-transparent silhouette of a man's back and head in the center, looking towards a bright sunset. Overlaid on the lower part of this silhouette is a smaller silhouette of a hiker with a backpack, climbing a rocky ledge. The background is a vibrant sky with orange and yellow hues, and a dark city skyline is visible at the bottom. The word "MOTIVATION" is written in large, white, sans-serif capital letters across the middle of the image.

MOTIVATION



SHORT TEST LIMBIC INSTRUCTIONS

PLEASE COMPLETE THE TEST AND INDICATE WHETHER THE STATEMENT IS TRUE OR NOT. (Y/N)

A..... I can manage my time quite well so that I finish my affairs on time.

B..... I like to avoid new and challenging situations.

C..... I want to go to parties and events to meet new people.

A..... I have clear goals and work hard to achieve them.

B..... When I think about the future of our world, I sometimes worry.

C..... I would like to go deep sea diving one day.

A..... I usually get impatient in teams because things move too slowly for me.

B..... Horoscopes and fortune tellers are often correct.

C..... I dress the way it suits me, even if others think it's crazy.

A..... To get what I want, I am prepared to manipulate people if necessary.

B..... When I make a mistake, I blame myself first.

C..... I often try new and strange foods.



SHORT TEST LIMBIC INSTRUCTIONS

PLEASE COMPLETE THE TEST AND INDICATE WHETHER THE STATEMENT IS TRUE OR NOT. (Y/N)

A..... When I set out to do something, and I fail, I do everything I can to make it happen.

B..... My family and my circle of friends are essential things in my life.

C..... I lead a varied life.

A..... It annoys me when others are better than me.

B..... When choosing my goals, I prefer to be a little more cautious than to take too many risks.

C..... I am a very active person.

A..... When I have succeeded in something, I am not satisfied for long and try to achieve even more the next time.

B..... I get ahead of everyone and be friendly.

C..... I enjoy looking at theories or abstract ideas.

A..... I usually succeed in convincing others of my opinion.

B..... I sense conflicts or quarrels between colleagues earlier than the others.

C..... My everyday life is full of things that interest me.



SHORT TEST LIMBIC INSTRUCTIONS

PLEASE COMPLETE THE TEST AND INDICATE WHETHER THE STATEMENT IS TRUE OR NOT. (Y/N)

A..... Even when faced with a difficult task, I always expect to achieve my goal.

B..... In my professional and private life everything has to be arranged and planned.

C..... When I have nothing to do, I don't feel good.

A..... I also push through against resistance.

B..... In a group, I like to let others take the lead.

C..... It would be fun for me to fly to the moon as an astronaut.

A..... When decisions are made in a group, I always have a significant part in it.

B..... I go to the doctor regularly to have a check-up.

C..... If I knew that I could have novel, unusual experiences through "substances", I would take them.

A..... For me, the only exciting occupation is one where one can make it to a respected position.

B..... I am often agitated and at the limits of my capacity,

C..... To try something new, I also take risks.



SHORT TEST LIMBIC INSTRUCTIONS

PLEASE COMPLETE THE TEST AND INDICATE WHETHER THE STATEMENT IS TRUE OR NOT. (Y/N)

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- A..... I need to determine how I do my work myself.
 - B..... When others are mistreated, I get pretty upset.
 - C..... I always spend my summer holiday in different places.
 - A..... I am almost always in control of the situation.
 - B..... In my private life as well as in my work life, everything has to be in order.
 - C..... I never spend my summer holidays at the same location.
 - A..... I almost always have the situation under control.
 - B..... When making important decisions, it's good to take your time.
 - C..... I love it when things get hectic in my work.
 - A..... When I have successes, I want to show that to those around me.
 - B..... Gardening and flower care are among my favourite hobbies.
 - C..... My desk is often in chaos.

Evaluation

Dominance share:

sum of yes of A x 100 / 15 =%

Balance share :

Sum of yes of B x 100 / 15 =%

Stimulant share :

Sum of yes of C x 100 / 15 =%

Source: according to Dr. Hans-Georg Häusel